

Striving for Success:

An Online Workshop for Social Ecology
Students on Academic Probation



Social Ecology Student Services

Instructions

- Welcome!! Congratulations on taking steps toward academic success
- Print out or open the Supplemental Self-Assessment to do alongside this workshop -
<http://students.sococo.uci.edu/striving-success>



Overview

- What is Academic Probation?
- Factors for Being on Probation
- Making Changes
- Strategies for Success
- Calculating GPA

What is Academic Probation? (AP)

- A way to monitor your progress to make sure you are academically succeeding
- We want to make sure you're doing well so that you can eventually graduate
- 4 GPAs must be 2.0 or above
 - Cumulative
 - Quarterly
 - School Requirements
 - School and Major Requirements
- If any of these fall below 2.0, you are placed on AP

The Four GPAs

A Breakdown

- Cumulative – your overall GPA. You can find this on your transcript on Student Access
- Quarterly – how you did the preceding quarter. You can find this on your transcript, too. Filter “chronological”
- School GPA – the school requirements (varies per major)
 - CLS, SE, and US majors – C7, E8, P9, SE 10, SE 13, SE 194W, UD SE/195
 - PSB majors – C7, SE 10, SE 13, SE 194W
- School & Major GPA – both the school requirements and major requirements. Can be found on your transcript – filter “School”

What is Preventing Me from Doing Well?

Fill out the Self-Assessment Worksheet

- Lack of academic preparation
- Lack of study skills
- Time management
- Lack of confidence
- Family responsibilities
- Lack of motivation
- Social Distractions/Partying
- Lack of interest in subject
- Procrastination
- Worked too many hours
- Health/illness
- Relationship issues
- Too much facebook, internet, video games, tv



Your Academic Report Card

Fill out the Self-Assessment Worksheet . Check off the things you did last quarter.

- Created a study plan at the beginning of the quarter for each class
- Attended majority of the lectures and discussions
- Went to office hours for clarification
- Did readings before each lecture
- Checked in with professor or TA before each midterm/final/paper to make sure I'm on track

- Created/joined study group
- Reviewed notes before class

Number of check marks:

7: A

5-6: B

4-3: C

2-1: D

0: F

Your grade:

The grade you want next quarter:



Reasons Why College is Important to me:

Fill out the Self-Assessment Worksheet

- For better employment opportunities
- Because it's required for the career I want
- To get away from home
- To play sports
- Because my parents are making me
- To make more money
- All my friends are going
- I don't want to work yet
- I don't know
- _____
- _____



Tools for Success



- There are a number of resources you can use to get back in to good academic standing
 - Learning and Academic Resource Center (www.larc.uci.edu) – tutoring, study strategy & time management workshops, and more
 - Counseling Center (www.counseling.uci.edu)
 - Career Center (www.career.uci.edu)
 - Academic Counselors & Peer Advisors (www.se.uci.edu)



Becoming a Master Student

- **Use a planner.** Make a plan, noting all major projects and assignments and their due dates. Block off time each day to go to class, study, read, write papers, etc. For a 4 unit class, you should be spending about 12 hours/week on that class, in lecture, reading, writing, attending discussion, studying, etc.

- **Go to class!**

- **Do your readings before each class.**

Take notes about your readings. Highlight areas where you need clarification



- **Keep up with the reading.** The quarter system goes fast, and midterms are right around the corner. Stick with your study plan and give yourself room to catch up if you fall behind

- **Take notes** during class. Mark or highlight places where you need clarification. Re-write or type your notes. Find answers or get clarification before the next class.

Office Hours 101

Going to office hours is a great way to get help. Professors want you to succeed!

- How You Could Benefit from Office Hours:
 - A way for you to know your professors/Tas on a one-on-one basis. You become more than a face in the crowd
 - Get clarification on an issue or idea
- Things to Ask:
 - That week's lecture/reading – you might need clarification or have a new idea
 - An upcoming assignment or test – see if you're on track
 - Grad school and potential careers in the field
 - The faculty's research interests



Calculating your GPA

- To be in good standing, you need a 2.0 in
 - Cumulative GPA
 - Quarterly GPA
 - School and major GPA
 - School requirements GPA
- Each grade is worth points:
 - A +8 +/- is 1.2 (with the exception of
 - B +4 A+) so a B+ is 5.2 (4 + 1.2) and a
 - C 0 C- is -1.2 (0 - 1.2)
 - D -4
 - F -8
- You want a balance of 0 or a positive number in all areas

Calculating your GPA cont.

- Your cumulative, quarterly, and School/Major GPA are already calculated for you, on your transcript
- On Student Access, under Unofficial Transcript, at the bottom, is a “Balance.” You want that number to be a 0 or positive (e.g. +24 points means you’re in good shape, 1.2 means you’re just above 2.0)
- Your quarterly GPA also has a balance
- Filter “School” at the top and you’ll find your School/Major GPA

Calculating your GPA cont.

- To calculate your School GPA, take all the school requirements that you've completed and add up the balance – e.g.:
 - C7 D- (-5.2)
 - SE 10 D (-4)
 - SE 13 B+ (+5.2)
 - SE 194W D+ (-2.8)
- 6.8

So you would have a balance of -6.8. This quarter, you need +6.8 points in school requirements to get that GPA to a 2.0

P9 B (+4)

UD SE B- (+2.8) = 6.8

For questions or help, come in and
see a counselor or peer advisor!
Bring in your self assessment.
Good luck!



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