Striving for Success: An Online Workshop for Social Ecology Students on Academic Probation

Social Ecology Student Services
Welcome!! Congratulations on taking steps toward academic success!

Print out or open the Supplemental Self-Assessment to do alongside this workshop -
http://students.soceco.uci.edu/striving-success
Overview

- What is Academic Probation?
- Factors for Being on Probation
- Making Changes
- Strategies for Success
- Calculating GPA
What is Academic Probation? (AP)

- A way to monitor your progress to make sure you are academically succeeding
- We want to make sure you’re doing well so that you can eventually graduate
- 4 GPAs must be 2.0 or above
  - Cumulative
  - Quarterly
  - School Requirements
  - School and Major Requirements
- If any of these fall below 2.0, you are placed on AP
The Four GPAs

A Breakdown

• Cumulative – your overall GPA. You can find this on your transcript on Student Access.

• Quarterly – how you did the preceding quarter. You can find this on your transcript, too. Filter “chronological”

• School GPA – the school requirements (varies per major)
  • CLS, SE, and US majors – C7, E8, P9, SE 10, SE 13, SE 194W, UD SE/195
  • PSB majors – C7, SE 10, SE 13, SE 194W

• School & Major GPA – both the school requirements and major requirements. Can be found on your transcript – filter “School”
What is Preventing Me from Doing Well?

Fill out the Self-Assessment Worksheet

- Lack of academic preparation
- Lack of study skills
- Time management
- Lack of confidence
- Family responsibilities
- Lack of motivation
- Social Distractions/Partying
- Lack of interest in subject
- Procrastination
- Worked too many hours
- Health/illness
- Relationship issues
- Too much facebook, internet, video games, tv
Your Academic Report Card

Fill out the Self-Assessment Worksheet. Check off the things you did last quarter.

- Created a study plan at the beginning of the quarter for each class
- Attended majority of the lectures and discussions
- Went to office hours for clarification
- Did readings before each lecture
- Checked in with professor or TA before each midterm/final/paper to make sure I’m on track

- Created/joined study group
- Reviewed notes before class

Number of check marks: □
7: A
5-6: B
4-3: C
2-1: D
0: F

Your grade: □
The grade you want next quarter: □

Adapted from CSU Chico’s “Back on Track” workshop, 2011
Reasons Why College is Important to me:

- For better employment opportunities
- Because it’s required for the career I want
- To get away from home
- To play sports
- Because my parents are making me
- To make more money
- All my friends are going
- I don’t want to work yet
- I don’t know

Adapted from CSU Chico’s “Back on Track” workshop, 2011
There are a number of resources you can use to get back into good academic standing

- Learning and Academic Resource Center (www.larc.uci.edu) – tutoring, study strategy & time management workshops, and more
- Counseling Center (www.counseling.uci.edu)
- Career Center (www.career.uci.edu)
- Academic Counselors & Peer Advisors (www.se.uci.edu)
Becoming a Master Student

- **Use a planner.** Make a plan, noting all major projects and assignments and their due dates. Block off time each day to go to class, study, read, write papers, etc. For a 4 unit class, you should be spending about 12 hours/week on that class, in lecture, reading, writing, attending discussion, studying, etc.

- **Go to class!**

- **Do your readings before each class.**

  Take notes about your readings. Highlight areas where you need clarification.

- **Keep up with the reading.** The quarter system goes fast, and midterms are right around the corner. Stick with your study plan and give yourself room to catch up if you fall behind.

- **Take notes** during class. Mark or highlight places where you need clarification. Re-write or type your notes. Find answers or get clarification before the next class.
Office Hours 101

Going to office hours is a great way to get help. Professors want you to succeed!

• How You Could Benefit from Office Hours:
  ◦ A way for you to know your professors/Tas on a one-on-one basis. You become more than a face in the crowd
  ◦ Get clarification on an issue or idea

• Things to Ask:
  ◦ That week’s lecture/reading – you might need clarification or have a new idea
  ◦ An upcoming assignment or test – see if you’re on track
  ◦ Grad school and potential careers in the field
  ◦ The faculty’s research interests

Adapted from: Navigating the Research University: A Guide for First Year Students (second edition) by Britt Andreatta (2009)
Calculating your GPA

- To be in good standing, you need a 2.0 in:
  - Cumulative GPA
  - Quarterly GPA
  - School and major GPA
  - School requirements GPA

- Each grade is worth points:
  - A: +8
  - B: +4
  - C: 0
  - D: -4
  - F: -8

  +/- is 1.2 (with the exception of A+) so a B+ is 5.2 (4 + 1.2) and a C- is -1.2 (0 – 1.2)

- You want a balance of 0 or a positive number in all areas
Calculating your GPA cont.

- Your cumulative, quarterly, and School/Major GPA are already calculated for you, on your transcript.
- On Student Access, under Unofficial Transcript, at the bottom, is a “Balance.” You want that number to be a 0 or positive (e.g. +24 points means you’re in good shape, 1.2 means you’re just above 2.0).
- Your quarterly GPA also has a balance.
- Filter “School” at the top and you’ll find your School/Major GPA.
Calculating your GPA cont.

- To calculate your School GPA, take all the school requirements that you’ve completed and add up the balance – e.g.:
  - C7 D- (-5.2)
  - SE 10 D (-4)
  - SE 13 B+ (+5.2)
  - SE 194W D+ (-2.8)

-6.8

So you would have a balance of -6.8. This quarter, you need +6.8 points in school requirements to get that GPA to a 2.0

P9 B (+4)
UD SE B- (+2.8) = 6.8
For questions or help, come in and see a counselor or peer advisor!
Bring in your self assessment.
Good luck!

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