



Striving for Success:

An Online Workshop for Social Ecology
Students on Academic Probation

UC Irvine
Social Ecology Student Services

I n s t r u c t i o n s



- Welcome!! Congratulations on taking steps toward academic success
- Print out or open the Supplemental Self- Assessment to do alongside this workshop -
<http://student.soceco.uci.edu/striving-success>



Over view

- X Myths about Academic Probation
- X What is Academic Probation?
- X Making Changes
- X Strategies for Success
- X Calculating GPA

Myths About Academic Probation

- Students on AP simply don't apply themselves
- Students on AP are not committed to their education
- Students on AP will immediately get kicked out of UCI
- That there are no levels on AP

What is Academic Probation (AP)

- ❖ A way to monitor your progress to make sure you are academically succeeding
- ❖ We want to make sure you're doing well so that you can eventually graduate
- ❖ 4 GPAs must be 2.0 or above
 - Cumulative
 - Quarterly
 - School and Major Requirements
 - Upper Division Major Requirements
- ❖ If any of these fall below 2.0, you are placed on AP

The Four GPAS

A Breakdown





- ✗ **Cumulative** – your overall GPA. You can find this on your transcript on Student Access
- ✗ **Quarterly** – how you did the preceding quarter. You can find this on your transcript, too. Filter “chronological”
- ✗ **School GPA** – all classes required for your school + major
- ✗ **Upper Division Major GPA** – all upper division courses required for your major, plus SE 194W and the additional UD
- ✗ If you are confused, come in for an appointment and we will help you figure these out!

Calculating your GPA



- Good Standing is 2.0 and above
- Each grade is worth grade points
 - A+8
 - B+4
 - C0
 - D-4
 - F-8
- You want a balance of 0 or a positive number in all areas

Calculating your GPA

- Cumulative, Quarterly and School/Major GPA are already calculated for you, on your transcript
- On Student Access, under Unofficial Transcript, at the bottom, is a “balance.” You want that number to be 0 or positive
 - e.g. +24 points means you’re in good shape, 12 means you’re just above 2.0
- Quarterly GPA also has a balance
- Filter “school” at the top and you’ll find your School/Major GPA

Quiz Question Time!

1. Which is NOT one of the four types of GPA
 - a. School GPA
 - b. Major GPA
 - c. General education GPA
 - d. Cumulative GPA
 - e. Quarterly GPA
2. To be in good standing you need what GPA
 - a. 3.0
 - b. 2.5
 - c. 2.0
 - d. 1.8
 - e. 1.5

What Am I Doing Right ?



- ❑ Created a study plan at the beginning of the quarter for each class
- ❑ Checked in with professor or TA before each midterm /final/paper to make sure I'm on track
- ❑ Attended majority of the lectures and discussions
- ❑ Created/joined study group
- ❑ Went to office hours for clarification
- ❑ Reviewed notes before class
- ❑ Did readings before each lecture

What is Preventing me from doing well ?



- X Lack of academic preparation
- X Lack of study skills
- X Time management
- X Lack of confidence
- X Family responsibilities
- X Lack of motivation
- X Social Distractions/Partying
- X Lack of interest in subject
- X Procrastination
- X Worked too many hours
- X Health/illness
- X Relationship issues
- X Too much facebook, internet , video games, tv



Reasons why College is Important To Me:

- X For better employment opportunities
- X Because it's required for the career I want
- X To get away from home
- X To play sports
- X Because my parents are making me
- X To make more money
- X All my friends are going
- X I don't want to work yet
- X I don't know
- X _____
- X _____

Tools For Success

Social
Ecology
Student
Services

Learning
and
Academic
Resource
Center

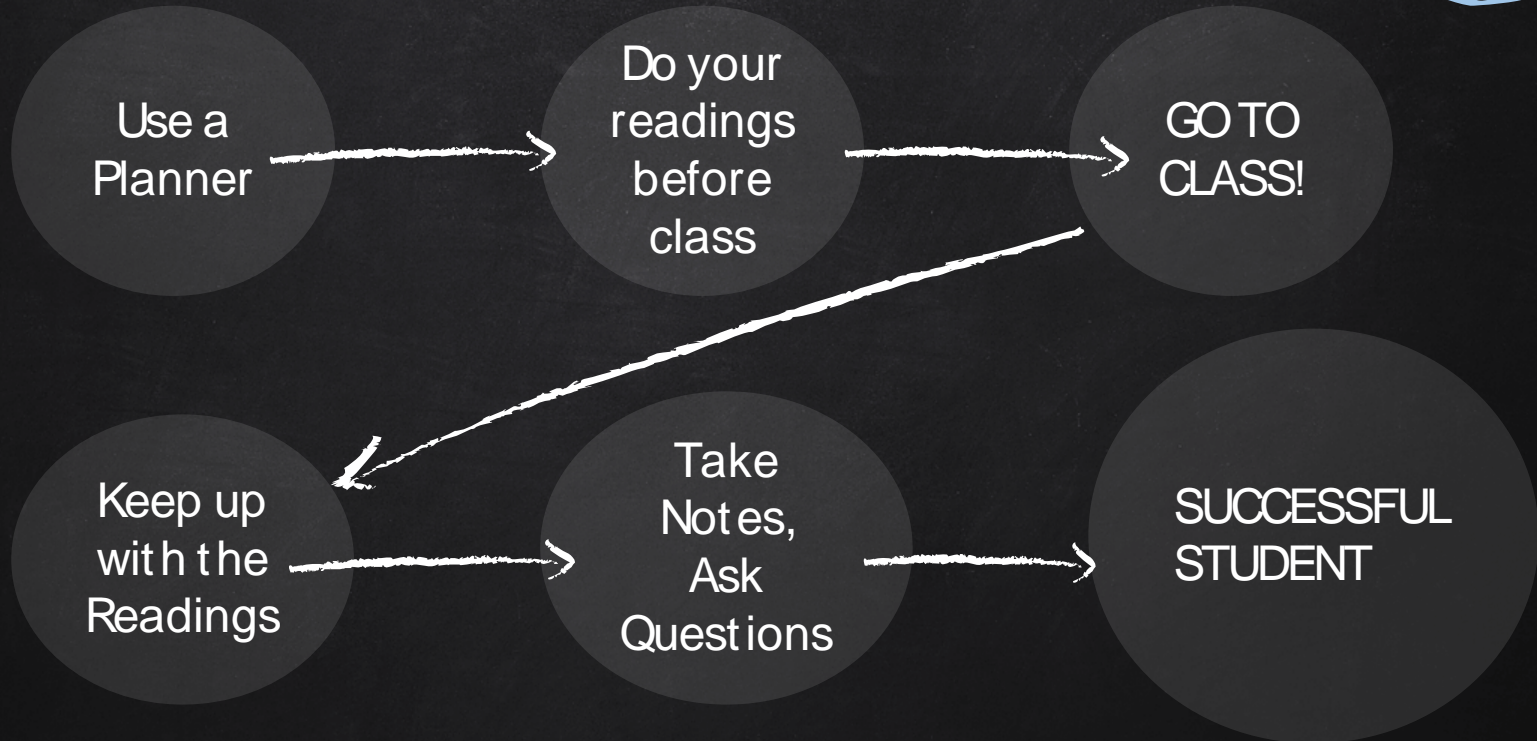
Counseling
Center

Student
Support
Services

Career
Center

Transfer
Student
Center

Becoming A Successful Student



How to manage your time like a boss

Time management (USE A PLANNER)

	Monday	Tuesday	Wednesday
10- 11 am	Read Chpt 3 for SE 10	Read chpt 2 for 10 1D	Read Chpt 5 for 102
11- 12pm	LUNCH	LUNCH	LUNCH
12- 1pm	Psy Beh 102 Class	SE 10 Class	Psy Beh 102 Class
1-2 pm	Review Notes for 102	SE 10 Class	Review notes for 102

MAKE SURE TO MAKE TIME FOR SLEEP!!!!

Quiz Question Time!

How many hours a week should you give yourself for each class

- A. 2 hrs/ week per class
- B. 4hrs/ week per class
- C. 6 hrs/week per class
- D. 8hrs/ week per class
- E. 12hrs/ week per class

What are some of the services you can utilize while at UCI

- A. Learning and Academic Resource center
- B. Counseling Center
- C. Career Center
- D. Student Support Services
- E. Social Ecology Student Services
- F. Transfer Student Center
- G. All the Above

Office Hours 101

Going to office hours is a great way to get help. Professors want you to succeed!

- How You Could Benefit from Office Hours
 - getting to know them one on one
 - clarification on an issue or idea
- Things to ask
 - The weeks readings/lecture
 - Upcoming assignment
 - Research interest
 - Grad School and Potential Careers



Congratulations On Completing This Online Workshop



For [questions or help](#), come in and see a counselor or peer advisor! Bring in your self assessment. Good Luck!

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