Psychology BA | Four-year plan | Incoming first-year students

Social Ecology Undergraduate Affairs | 2026–2027

This sample plan is simply a suggestion for how you can plan your courses. Your schedule will vary based on course availability and your curricular needs. AP or IB credit earned in high school or completed community college coursework will affect your plan. You do not need to take courses in the exact quarters shown. You will move courses based on when they are offered, your schedule, completed coursework, and academic goals.

Year 1

Fall	
Course / requirement	**Units**
Open GE / elective	4
Open GE / elective	4
PSY 21 or 22	4
Total units	**12**

Winter	
Course / requirement	**Units**
Open GE / elective / remaining requirement	4
PSY 22 or 21	4
Open GE / elective / remaining requirement	4
Total units	**12**

Spring	
Course / requirement	**Units**
CRM/LAW C7	____
UPPP 4 or 5 or 8	____
Open GE / elective / remaining requirement	____
Open GE / elective / remaining requirement	____
Total units	**16**

Summer (optional)	
Course / requirement	**Units**
Open GE / elective / remaining requirement	____
Open GE / elective / remaining requirement	____
Total units	____

Year 2

Fall	
Course / requirement	**Units**
Open GE / elective / remaining requirement	4
SOCECOL 13	4
Open GE / elective / remaining requirement	4
Open GE / elective / remaining requirement	4
Total units	**16**

Winter	
Course / requirement	**Units**
SOCECOL 10	4
Open GE / elective / remaining requirement	4
Open GE / elective / remaining requirement	4
Open GE / elective / remaining requirement	4
Total units	**16**

Spring	
Course / requirement	**Units**
PSY 101D	4
Open GE / elective / remaining requirement	4
Open GE / elective / remaining requirement	4
Open GE / elective / remaining requirement	4
Total units	**16**

Summer (optional)	
Course / requirement	**Units**
Open GE / elective / remaining requirement	____
Open GE / elective / remaining requirement	____
Total units	____

Year 3

Fall	
Course / requirement	**Units**
Field study (4 units)	4
PSY 102C	4
Upper-division writing / GE	4
Total units	**12**

Winter	
Course / requirement	**Units**
PSY 103H	4
Upper-division PSY group	4
Open GE / elective / remaining requirement	4
Open GE / elective / remaining requirement	4
Total units	**16**

Spring	
Course / requirement	**Units**
PSY 104S	4
Upper-division PSY group	4
Open GE / elective / remaining requirement	4
Open GE / elective / remaining requirement	4
Total units	**16**

Summer (optional)	
Course / requirement	**Units**
Open GE / elective / remaining requirement	____
Open GE / elective / remaining requirement	____
Total units	____

Year 4

Fall	
Course / requirement	**Units**
Upper-division PSY group	4
Upper-division PSY elective	4
Open GE / elective / remaining requirement	4
Open GE / elective / remaining requirement	4
Total units	**16**

Winter	
Course / requirement	**Units**
Upper-division PSY elective	4
Upper-division PSY elective	4
Open GE / elective / remaining requirement	4
Open GE / elective / remaining requirement	4
Total units	**16**

Spring	
Course / requirement	**Units**
SocEcol 1 or additional upper-division school course	4
Open GE / elective / remaining requirement	4
Open GE / elective / remaining requirement	4
Open GE / elective / remaining requirement	4
Total units	**16**

Summer (optional)	
Course / requirement	**Units**
Open GE / elective / remaining requirement	____
Open GE / elective / remaining requirement	____
Total units	____

Requirement and planning notes

- Complete SOCECOL 10 before SE 195 or SE 195W. Confirm field study enrollment requirements and options with advising.
- Review the minimum 180 units, letter-grade, university, GE, writing, residency and applicable in-person modality requirements with an advisor.
- Confirm individual transfer certification and remaining GE requirements, including upper-division writing.

Important advising reminder
This is a planning skeleton, not a guarantee of course availability or graduation. Verify 2026–2027 requirements, course offerings, prerequisites, applicable overlap rules and individual degree progress with Social Ecology Undergraduate Affairs before relying on or distributing this plan.