

11:01:02 Yeah, making this Jeff isms about it

11:01:09 intentionally.

11:01:12 On that note, we're going to go ahead and get started.

11:01:15 Thank you everyone for coming out to our grad school panel workshop.

11:01:33 So this is an opportunity for you all to hear from grad school, former grad students and current grad students that are here today will be going through a list of questions that we have preset and we will be taking questions from the RSVP form that you

11:01:52 all sent us to ask the panelists. So let's get started really quickly with just some basic introductions. So my name is Jay, I am a pure academic advisor.

11:02:04 This is my second year at UCI I am a Crim.

11:02:08 Oh, sorry, CLS and AP side double major. And yes, I'm excited that you all are here to ask your questions and get some information, um, next up we have scenario.

11:02:23 Hello everyone my name is Daria pronoun she hackers, I'm a current criminology and psychological sciences double major like Jay, and I am in my fourth year and I'm also a second year pure academic advisor.

11:02:35 And then next step Jackie.

11:02:37 Hi everyone, I'm Jacqueline or you can call me Jackie, I'm a fourth year double majoring in Psychological Science and Education Sciences, and I am also one of the pure academic advisors here at the school social ecology, and we're super excited to have

11:02:52 everyone here.

11:02:54 Let's go ahead and introduce our very special distinguished speakers that we have here today.

11:03:01 So first off, we have Liz Rp.

11:03:04 And we also have Jennifer, and Josh will go ahead and introduce them. Furthermore, and once we ask them their first question, George. Let me just let you know I'm the cat playing the saxophone picture.

11:03:23 I didn't realize you were actually going to consider that picture some sorry although pretty great online personality picture so I had to be in there.

11:03:45 It is perfect, and then just before we get started on. So, the panelist will have an opportunity to answer questions from everyone.

11:03:57 we'll try to facilitate the conversation as it goes and introduce it to the panelists if they said something that you were interested in or concerned about, um, at any point if you disconnect from the zoom call we know things happen just go ahead and

11:04:03 feel free to rejoin through the link that you used earlier to join. And last thing is, is if you want to ask your question out loud, just please raise your hand.

11:04:14 Using the raise hand feature beforehand, and we will go ahead and unmute you and you can ask her question.

11:04:21 Cool. So then, let's go ahead and get started.

11:04:25 Um, and we'll just go in order I'll just call you guys out and just feel free to answer the questions so let's go ahead and start with SRT so if you don't mind, please introduce yourself, your name, your position, the graduate school and program you attended.

11:04:44 Yeah, hello everybody. Good morning. My name is Liz already Glasgow, I am a counselor get the school of social ecology, and I'm also the coordinator.

11:04:54 I went to this is a Pacific University for graduate school and the program that I was a part of his College Counseling and Student Development.

11:05:05 Next Thank you authority on let's go with Josh and then Jen right after.

11:05:11 Hi everyone, I'm Josh Miller, I'm one of the academic counselors in the school social ecology undergraduate advising, um, I have a master's in English from the University of Florida, which is about as useful as a Bachelor's of English.

11:05:26 Um, I also did two years of literature PhD program at UC San Diego and kind of existential crisis to myself out of that. Um, so yeah that's that's my fun grad school adventures,

11:05:45 everyone my name is Jen plan and she heard, and I currently don't have a job because I'm a graduate student.

11:06:02 Awesome. Thanks guys. I'm sweet so then the second question Jackie's going to go ahead and ask you.

11:06:08 Yeah, thank you so much for introducing yourselves.

11:06:12 So for our second question, with your mind, please telling us a little bit more about your graduate school experience, and why you chose to pursue higher education.

11:06:25 And let's just go reverse order. So Jen, if you don't mind starting and then Josh, then what's already.

11:06:31 So one of the questions was why I decided to pursue right. Correct, yes.

11:06:36 So one of the reasons I decided to was because I really did always want to go into social work.

11:06:42 It seemed like the perfect way to like interact with people the way that I always wanted to, and I knew that I needed like an additional degree to do that and in reality, I know that with those jobs you make more money, and I wanted more money.

11:06:57 And what was the other question I'm so sorry. My don't know okay it's perfectly fine. Um, it was, tell us a little bit about your grad school experience and then why you chose to pursue higher education.

11:07:08 Got it. Thank you I'm like a fish I'm so sorry. I'm so so far I'm still in my first year of graduate student of graduate school it's my second semester, and honestly the experience has been super awesome in comparison to like all of my academic experiences

11:07:23 because normally it's just like classes work projects papers, but I feel like in my MSW program, I have class every Monday, Wednesday, Friday, and those classes really go hand in hand with the internship experience that we get so we get placed into a

11:07:39 specific agency. There are first year and our second year and our classes kind of go alongside that so the agencies depend on your interest on who you want to work with and things like that so there are people place that hospitals people place that school

11:07:52 sites like me.

11:07:56 People place like a ton of different places but so far that experience has been really good.

11:08:01 Definitely a lot more work than undergrad, but also really worth it and I can see like how well everything is like coming together.

11:08:11 Perfect, thanks, Jen. Up next, Josh.

11:08:16 Yes. So, um, I initially decided to go to grad school in English programs because I wanted to become a professor.

11:08:30 Um, it. I never really stopped wanting to become a professor so much as in the humanities, a lot of your research tends to be driven by personal identity related stuff, like, A lot of people will research particular social issues or causes or cultures

11:08:52 that are very dear to them.

11:08:55 Um, and the short version of it is I was very devoutly religious until like age 32 and then I was no longer devoutly religious and that kind of changed a lot of things in my life.

11:09:07 So a lot of the things I was studying I was like do I want to keep studying these things I don't know. And so I took a leave of absence from my grad program and then took a longer leave of absence, and now it's seven years later.

11:09:24 Um, So, in terms of my experience, I'm at the University of Florida I really enjoyed the course content.

11:09:45 Cultural Studies texts.

11:09:48 Um, but I did find the, like it was hard to connect with people. For me in that grad program whereas when I was in the PhD program at UC San Diego.

11:10:00 I made a lot of good friends, a lot of friends that I that I'm still in touch with today. So I put that out there just to say, you know, if you're looking at different programs, and you have a chance to go visit them before you.

11:10:16 You choose one. I'd encourage you to take advantage of that I didn't really have that opportunity so I didn't really get a good feel for the culture at University of Florida.

11:10:25 Before I went there. Whereas with UC San Diego I was able to visit on for recruitment weekend and get to meet some of the people that I would potentially be in classes with.

11:10:36 And that was really helpful.

11:10:40 Nice. Thank you, Josh. Appreciate it. um was already.

11:10:44 I'm ready. So, just an FYI, the landscape folks are like outside and they're doing the blowing thing. So, maybe a lot of background noise.

11:10:56 But essentially, my grad school experience was awesome.

11:11:02 I was not, I wasn't a traditional college student for undergrad. My transferred from the community college to a small liberal arts college. So I was about 24.

11:11:14 When I started, or when I transferred out of Pasadena City College. So undergrad was like kind of awkward because everybody around me was like 18 to 21.

11:11:29 And so grad school for me was awesome because I met a lot of like minded folks who are interested in going into higher ed, as administrators or counselors.

11:11:43 And I think a lot like like Jennifer Jen.

11:11:50 It's one of those programs where you're in class you're enrolled and of course in your courses they might micro my program. Our classes met Tuesdays and Thursdays and then when we were not in class we were out during our, our internships or assistantships.

11:12:07 So you're expected to have at least one, while you're in grad school, some people do to a lot of some folks are like very like overachieving folks and they'll do like three, internships, which is cool but it's kind of like you get burnt out before you

11:12:22 actually get out of grad school.

11:12:24 So just something to be mindful of for folks wanting to go for wanting to go into higher ed.

11:12:30 And yeah, it's a, I want to see the Pacific University College constants in development program it's a faith based institution. And it was just like, kind of weird for me because I am not heavily spiritual person per se, But it was awesome to learn how

11:12:49 they integrate spirituality, it doesn't have to be specific religion but just talked about the identities of our spirituality and past events as well.

11:12:59 And then I chose to pursue a master's, I'll be enough because I didn't like school.

11:13:06 And I just, I was never a big fan of like, just college, and you know how to navigate college and so I went to grad school to like, you know, get this credential that's going to help me work with students, and kind of help them navigate through school,

11:13:21 especially for a lot of our first generation college.

11:13:26 I'm really quickly just to piggyback on on was already and Jen, to kind of talk through the differences between the programs they did and the programs that I did.

11:13:37 Um, I didn't have any like required internships because my programs were primarily like for people that plan on doing academic jobs and or doing like research heavily.

11:13:56 I did, I was a TA, pretty much my entire grad school experience and that's honestly one of the things I miss the most is getting to teach students interact with them in the classroom.

11:14:03 So that's an opportunity that if you're thinking about PhD programs, or even some masters programs that have a heavier research emphasis, there might be teaching assistant opportunities in there as well.

11:14:20 And some masters. You know programs do have those like I know the Masters in Public Health, that I worked with at UC San Diego, a number of our students were teaching assistance.

11:14:33 So, depending on the program that could be, you know, something that you have the opportunity to do as a graduate student.

11:14:41 Awesome. Thanks, Josh. Okay, so now let's get into more of how you guys started searching for graduate schools. I know Brad applications are coming out soon.

11:14:54 In the coming months and students might be interested in that. So the question is, what was the application process like for you all, what criteria, did you use to select and apply to the schools that you applied to, um, so let's go ahead and start with

11:15:09 Jan our most recent or who's actually in grad school, and then we'll go was already then Josh.

11:15:17 So, um, honestly one of the like for me. Don't feel bad if you don't know anything that's going on because it was my fourth year and I was so lost like everybody was talking and if TMSW and at that time I didn't even know what them and I was super confused.

11:15:34 And so because of that I started doing a bunch of research seeing what I was interested in you know so people were talking about my marriage and family therapist, which is an MSP masters in social work which is an MSW so I just started to research things

11:15:48 that I was personally interested in, I took advantage of like professors counselors around me to find out what exactly I could do with my degree.

11:15:58 And that was kind of how I like went into that. So definitely do your research work with the people around you, and the criteria that I used to select like where I wanted to apply to was first of all like the money.

11:16:13 I like the money is an important asset for me so I definitely looked into Cal states more than I did.

11:16:19 You see, for example, the second criteria that I used was location so I was going to be moving back home. Because I also went to UCI so I had to move back home.

11:16:28 So I definitely prioritize location because I was going to be living at home and I didn't want to be driving a ridiculous amount of time. And then the last thing that I was looking at was what were the requirements to even apply to certain programs so

11:16:41 for certain programs after your undergrad they require a GRE, which is basically like an examination for like graduate school. And so I looked at programs that didn't require that I just kind of wanted to apply.

11:16:56 Get in, get that education and get into the workforce as soon as possible.

11:17:01 Awesome. Thank you. Jen, and then really quickly just a follow up question, um, did you happen to take a gap year in between your undergrad and graduate school or did you go right to graduate school.

11:17:13 Yeah, so I actually did not take a gap year I graduated like this past year and just went straight into it.

11:17:20 I don't necessarily regret it, but because at least I'm going to be like thrown into the workforce a little bit faster but I did feel burnt out as soon as I started because everything was just so like fast pace I just got into it really quickly.

11:17:35 And then also, a lot of my peers are older than me and they have a ton of experience in working with different agencies and throughout my undergrad I worked like a couple of jobs maybe and I didn't really have too much experience.

11:17:49 And looking back I do wish that I would have taken more opportunities to do more internships gotten out of UCI to work on more things and that was definitely a drawback to just jumping in right away, but I do feel lucky enough to have those internship

11:18:03 experiences so that I can get some type of experience.

11:18:08 Awesome. Thank you. Um, was already same question to you. What was the application process like and what was the criteria, you use to pick your school.

11:18:19 Um, so I'm just gonna start off with the criteria that I used, and then the application process, because I didn't necessarily have a criteria for grad school.

11:18:30 I, well, other than the cost or, you know, the tuition because that's kind of like a big factor.

11:18:36 I kind of just stumbled upon a pu.

11:18:41 I went to a conference.

11:18:43 There's a professional organization called Masada, and then I was a fellow under that within that within that professional organization.

11:18:54 And I was a note so it's called master undergraduates Fellows Program. I don't know if anybody's heard of that or is interested in going to higher ed, administration, but not is a great program that connects you with a mentor.

11:19:06 My mentor was the VP of wire of my college. And, you know, it was awesome just to learn from them and then going to that conference, I met the director of the college counseling staff development program and AP you ask Jesse what I wanted to do after

11:19:35 after college I said I want to be academic counselor and she was like oh you should apply to the program. And that's kind of how it worked for me, I, I didn't really research, any other schools, maybe USC, but then when I saw the price tag for USC I was

11:19:39 like yeah I'm gonna go ahead and make that U turn and apply just a few. Another school I was looking at was Cal State Long Beach, their student development higher education program.

11:19:52 And I just didn't really look into that school too much. I felt like academically I wasn't competitive GPA was a 3.0, and how, and that was actually pretty competitive GPA for grad school and I just wasn't aware of it.

11:20:08 So yeah, so that was really my criteria for for choosing a, or if you want to call it a great sir I think it's just kind of just went with the flow.

11:20:17 ap did offer money. They offered a scholarship and then they also paid you to work on campus, and that when you went to your tuition so you know it's kind of like a win win situation all around.

11:20:31 And then the follow up question was the application process. It was kind of like a rush, I had like three days to get all my work in because the application review committee was reviewing applications, about three days after I got back from that national

11:20:50 conference, so I reached out to the folks had made really good relationships with my mentor I reached out to my supervisor on campus I used to be a academic success coach.

11:21:02 So it's kind of like a pure academic advisor, but more so working with students who are not going to probation.

11:21:10 Sorry shot to my supervisor and I also reached out to my, my faculty advisor, and like I said these are folks that had built relationships with in you what my career goals were so if that's something that's something that I would recommend that you all

11:21:26 be kind of more intentional about is establishing establishing those connections on campus.

11:21:43 then the application process. Oh, no gra for me as well. So, Jerry like Jen said there was no standardized test.

11:21:48 So that was awesome.

11:21:51 Awesome, thank you authority, and then, Josh.

11:21:55 So, when I was applying to grad programs, not only did I have to take the GRE but some of them required the literature dare which which is just, I don't know, the literature dare at least tells you a bit about like, who's read a bunch of dead white guys

11:22:11 because unfortunately it is very like Western heavy.

11:22:16 So I guess it gives you like some knowledge of how train somebody is in that particular literary tradition, but the god he really doesn't tell anyone anything so hopefully in the next.

11:22:27 I know a lot of programs are actually moving away from requiring the GR EA including PhD programs so hopefully in the next 1020 years that won't be a thing anymore.

11:22:37 Um, by the way, I had to take it, I took the Jerry, a couple times for before applying to masters programs because since I was applying to English programs I wanted to get a high verbal score and a lot of the some of the programs I was looking at were like

11:22:55 looking at verbal scores that ideally were 650 or higher.

11:23:00 So, you know, very competitive programs so I played on when I was applying to grad programs, I'm not as many grad programs that are research focused we're doing direct admits to PhD programs there were still a lot of Masters of Arts programs that lead

11:23:19 into PhD programs, not as much the case now but uh you know I applied I think a couple PhD programs mostly masters programs, honestly can't remember how I chose the programs that point in time like to apply to, but I ended up choosing Florida.

11:23:38 One because they were funding me like they were going to give me ta positions the whole way through. To because of the, the faculty focus and the programs focus it was much more global and focus whereas the other programs I got into were much more like

11:23:56 American and British lit only focused and I was much more interested in World Literature.

11:24:08 When I played a PhD programs that was actually significantly later, I took one for the team for a while and and like worked an admin job while my ex was getting her grad degree.

11:24:17 So I had about like a four year gap between applying to programs so I applied to 10 PhD programs in English, and then get into any of them.

11:24:28 Um, so then the next year I applied to 16, PhD programs in English, and and got into for arm in terms of how I chose where I applied for PhD programs at that point I had a really good idea of what I wanted to study very specifically at faculty at these

11:24:49 institutions and what they focused on and whether or not, I'd be a good fit with particular faculty there.

11:24:57 Um, most of the programs I applied to were actually back east because I'm originally from Kentucky and all my family is back east UC San Diego was the only West Coast I applied to, but I applied there because the program fit me so well.

11:25:15 It's very rare in human in literary studies for a program to be very focused on World Literature and like global culture, without being a comparative literature program which required more substantive language other than English skills, I have.

11:25:36 So the program was a great fit.

11:25:39 was really glad to get into it and still like had a really good time there even though I ended up leaving before finishing my degree so it was a good fit.

11:25:48 Ultimately,

11:25:52 awesome. Perfect. Thank you. I'm really quickly since we're on the topic and Rebecca actually asked a great question. I'm considering a lot of UCI students are in fact first generation students.



11:26:01 So, those who are Josh Jennifer and sorry, those of you who are first generation students, um, what are your recommendations or suggestions to first generation students that are considering grad school.

11:26:14 If you guys have any thoughts on that. Just go ahead and unmute and just let us know

11:26:23 if you guys are first generation grad students I'm sorry I don't know Jen Joshua was already if you guys are even first generation students.

11:26:30 Yeah I'm first gen. So for me, I would say, if you're like going to be like living with your family, whatever that looks like for you I would say, talk to them.

11:26:41 I come from I'm Mexican and my family was like, I don't get it, you're doing your college degree like what do you mean more school. So something that I would recommend is that like making sure you like talk to them, talk to them about what your goals

11:26:54 are what you're planning to do and just kind of hit do that research know what you want, kind of know what you want, we don't always know what we want.

11:27:08 But, Yeah, communication was a big thing for me.

11:27:09 Well thank you for me just to touch a little bit about social capital, I think as a first generation college student that's something that I feel I didn't have as much of.

11:27:22 But what does How is making use of the resources that you currently do have on campus.

11:27:28 I kind of want to plug into I don't work for this office I want to play the division of career pathways.

11:27:36 Try to become familiar with learning how to use LinkedIn.

11:27:41 LinkedIn is such a powerful tool that you can use to either start connecting with folks in the industries that you want to get into and start building that that professional network.

11:27:53 I think that's super important if you guys are first generation college student. That's one thing I wish I would have done more of early on, as opposed to only kind of connected with folks, why in my bubble.

11:28:07 And, and then you know that that network that professional network will eventually end up kind of being your support system and being very intentional about the conditions that you build with people.

11:28:19 I think that would be my second piece of words.

11:28:24 Awesome. Thank you know i i am not a first generation students so I can't speak directly to the challenges that first generation students, you know, run it into I did have a lot of privilege going into applying to grad schools like I had parents that

11:28:44 to grad school, but I was fairly familiar with what that might look like also, you know, I didn't have a lot of, you know like, my family members weren't relying on me for like support or, you know, financial stuff or anything like that.

11:29:03 So that allowed me to, you know, apply to schools like all the way across the country, um, you know, so I, I guess, from my limited perspective on on what, you know, might be helpful.

11:29:16 Um, I would suggest trying to connect with your professors during office hours to whatever degree you can, um, you know all of your professors went to grad school, so they can often provide just information about their experience, they can at least give

11:29:36 you a good feel about whether or not like very research focused programs are for you or not. And also, all pretty much all grad schools are going to require at least one letter of recommendation from a faculty member.

11:29:53 So building those relationships sooner rather than later, can be really helpful for you.

11:29:59 Um, and if you're like, I have no idea what to talk about with them. Feel free to like, come into our office and talk with a pure academic advisor an academic counselor, lot of students are kind of nervous about how to break the ice in there so we're

11:30:13 A lot of students are kind of nervous about how to break the ice in there so we're happy to, you know, give you tips and stuff like that.

11:30:20 Perfect. Awesome. Thank you, Josh. And then Jackie is going to ask the next question to you all. So, thank you for your brilliant answers everyone.

11:30:40 So what was one difficult part of either your grad school application process or graduate school itself. And how did you overcome this difficulty.

11:31:01 Josh, I'm applying to 10 programs, any of them was was kind of soul crushing I'm not gonna lie.

11:31:01 Like I'd spent the bulk of my adult life trying to work towards like getting a PhD in English.

11:31:09 Even when I was in grad school after my master's program I was still like I was working at UNC Chapel Hill arm in North Carolina and taking grad classes there on the side, on in their English programs so like I was even still like getting current letters

11:31:28 of recommendation and occasionally like presenting stuff like conferences and stuff like that. Um, so you know that that was really challenging I had to talk with one of the faculty who was mentoring me at UNC Chapel Hill, to kind of, you know, I mean,

11:31:48 think things through and be like, is this really what I want to do, like, and if so, what strategy should I employ this this time around. So, um, he, he worked with me a lot of my writing sample, which, you know, and humanities is a really critical part

11:32:04 of the application.

11:32:06 He also gave me some advice on maybe changing some things and personal statements to, you know, potentially address some of the things I might have run into like maybe don't mention specific faculty you want to work with because what are some of them

11:32:21 are retiring, um, you know, so I took that advice and, you know, was able to get into programs the following year. Um, but yeah, not getting in the first time around was really challenging.

11:32:37 And for those of you who are thinking about PhD programs. That's not uncommon. So, you know, um, I guess just if PhD programs are the route that you're going to go, I'm just know that the majority of them are really competitive and also that if you don't

11:32:55 get in. Initially, that doesn't mean that you're not competitive, or you've done anything wrong.

11:33:03 They're all sorts of behind the scenes things going on in doctoral programs that you know you just don't see like you don't know which faculty members already advising five or six doctoral candidates.

11:33:15 You don't know like which faculty are going to retire be on sabbatical next year and don't want to take on any students right now. Um, so it's really hard to, you know, know exactly when you don't get into place like, what, what the issue was a lot of

11:33:31 of times it's they have too many qualified people for too few seats so I'm just for those of you thinking about PhD programs, um, you know, know that the application process can be tough.

11:33:46 Um, just be kind to yourself if it doesn't go the way that you know you hope that it goes on that doesn't mean you know you did anything wrong.

11:34:00 So much Josh, very helpful even in my case as well.

11:34:05 Thank you.

11:34:06 So So, next we have Jen from if you like me to repeat the question is, what was one difficult part of either the grad school application process or graduate school itself.

11:34:18 And how did you overcome this difficulty.

11:34:21 So, one part one, difficult thing about both the application process and graduate school itself is honestly the time management of it. So when I was applying to grad schools I was still in my fourth year there was still like a ton of stuff going on I

11:34:36 was working at the same time. And these applications to forever because they had so many personal statements so many things to fill out. So I had to make sure that I would like cut out time during my day to work only on those applications, and I mean

11:34:53 I didn't do the best job because it would be like 2am and I'd be working on them because they were such long papers, but the way that I did that was like I did a like a month in advance, just so I would constantly have time, and then just to add to that

11:35:06 for graduate school itself. There's a lot of assignments, a lot of reading a lot of group projects so much work.

11:35:14 So trying to like get a planner, like plan your day out completely work with the people that you need to work with time those things out because it all kind of if you leave it to like the end of the day it's just so overwhelming.

11:35:28 So that's what I did I bought a planner I would like schedule out my entire day for when I wanted to work on specific assignments. And that's how I don't want to say overcame it because I'm still kind of working on it it's like an ongoing process but

11:35:41 definitely a big thing.

11:35:45 Thank you so much. I know, as an undergrad. I've experienced that as well and I'm sure that my peers and other students and undergrad experience it so I'm sure I'm starting to look into those study habits from now and like time management skills will

11:36:01 definitely help us down the line, like you said, in graduate school and so on. Thank you, Jen.

11:36:09 All this already, bring you the same question. What was one difficult part of either the grad school application process or graduate school itself. And how did you overcome this difficulty.

11:36:22 Grasping application for me was just kind of getting everything in one so cuz just the tight timeline that I was in grad school, there's a lot of reading.

11:36:36 But, no, I went to a small liberal arts college and there was always just like a ton of reading. So, I'd say for grad school, like Jen said, time management, time management is super important when it comes to grad school, especially if you're one of

11:36:54 those programs or you are doing an internship or some type of job placement.

11:37:01 Yeah, time management would be probably like the one thing I would, I would encourage you all to start working on right now if you're thinking about grad school, something that I'm still working on, because, you know, there's always ways for improvement.

11:37:17 And then, yeah, There's no sleep.

11:37:24 I'm also in grad school, so coffee is like one of those things where it's just like my go to thing.

11:37:29 I mean you do sleep, but, like, you know, you don't get your eight hours of sleep, usually, almost it's like Saturday night.

11:37:37 Yeah,

11:37:40 man. Like, if I don't get like at least seven hours then I am a terrible human being.

11:37:48 So I mean my sacrifice was more on the reading and. But like any humanities program especially English like you never get all your reading done in grad school like it's just not possible they assign you like.

11:38:01 If you've got two classes, you're reading like a novel, two novels a week for like these classes or like a novel and like in 100 page like theoretical text by like some 1800s German dude.

11:38:15 I'm so like, you just what like Jen was already have said you kind of have to make some tough choices about prioritization, and depending on how you function, you know, you may have to choose different things, um, you know.

11:38:45 The social life to live right like your social life, you don't really have one, unless it's like folks that you're already interacting with on a day to day basis. That's pretty much social life as well.

11:38:48 But I don't know about you all know about you, Josh. I mean, I know you're already done with grad school, I mean you have your masters but like I felt like that was worth it.

11:38:58 I don't know about you, um, I mean, I, I sort of like would structure my weeks to kind of fit that in like I would have one day a week right, I just wouldn't work on anything, because I found that if I didn't do that, I would just feel perpetually like

11:39:14 I should be working on stuff all the time and wouldn't like have gaps.

11:39:19 Um, so I actually like had, you know probably just the substance of the social life in grad school as I did an undergrad.

11:39:29 And I think it, you know, it depends on the program like it also depends on if you're if you're, you know, working a regular job at the same time like as a teaching assistant.

11:39:41 Some weeks you know you're putting in a ton of work on teaching especially like I was teaching writing classes so I would, you know, when weeks when their papers weren't do I would only you know be spending like around 10 hours a week on my ta work weeks

11:39:57 when their papers were do sometimes to be spending 40 hours like grading that week. Um, so, you know like, I was able to kind of work around things.

11:40:10 And, you know, prioritize okay well like this class is the one that like relates the most of my research so I'm going to try to do all the readings for this class and as much of the readings as I can for this other class.

11:40:24 Um, you know, but again it, they're very different programs so like my grades in grad school came primarily from like one long paper I turned in at the end of the semester quarter on, whereas, and and UC San Diego was just pass no pass for their grad

11:40:45 grad programs so it was more about like writing things that ideally could be developed into conference papers or like publishable manuscripts, just a very different focus like if I, if I was in a, like a more practice oriented master's program it's very

11:41:05 possible that like I wouldn't have had a social life or, you know, I would have had to invest more time in different things. I just think we did two very different programs.

11:41:18 Awesome sweet Thank you, Josh and was already for explaining your social life. Jen, I don't know if you have any thoughts on that or if you have a social life right now.

11:41:27 Sorry to say that I know grad school is busy, but based off of Josh and the Sardi's answer The answer is probably no, I don't think Jen has friends.

11:41:41 So honestly I feel like it's been it's 10 times harder I feel like it's already hard in general with just going to grad school but now with the pandemic, it's that much harder because normally you'd be friends with like the people in your cohort because

11:41:54 you're constantly seeing them and constantly in classes but my experience is just seeing them on a screen, and like the only friends I have are like the people I've been in group projects with because we get to complain about the class work or something

11:42:06 like that. And other than that, It's basically just school all day.

11:42:12 Internships Tuesdays and Thursdays and on like the little free time that I do have I like spend it with like my partner and like, that's honestly about all of it.

11:42:21 So, Yeah.

11:42:24 Great, awesome and then this actually, um, this topic that we're talking about ties into a question that we got in the chat with, um, two parts. Um, how would this work like let's say you want to stay in contact with teachers or professors, after a certain

11:42:41 amount of time, what's the best way to maintain that contact contact and like how would you ask them for a letter of recommendation considering that some students were only here at UCI for six months before the pandemic started and have only been on zoom

11:42:58 since then. So I guess overall like how do you stay in contact. And how do you reach out over zoom or through email, stuff like that, for example, I'm, talk to them now about thinking about applying later.

11:43:17 Um, my, my partner's faculty and Biological Sciences and she's been working with students who are planning on taking a gap year to gap years.

11:43:35 But, you know, they're talking about their recommendation letter now because my partner knows that in two years you know like she's teaching these classes of 100 200 students.

11:43:42 Remember, you know that many students from from these classes, especially since, you know, she, she just started, you know, she just got this job for my team so she's been teaching primarily through the pandemic through zoom and has met a lot of these

11:43:58 people in person. So, I would say, you know, reach out to faculty, while you're still here. Um, in terms of trying to build those relationships during the pandemic.

11:44:12 I know that super challenging and has to be really frustrating especially for our fall 19 transfers who you know soon as they get settled in then coven hits and, you know, your plans to start working with faculty potentially on researcher building those

11:44:32 relationships and spring or and fall or you know now in winter quarter. Like, I'm have been, you know, really challenging. Um, I guess my, my main suggestion would be as much as you can try to connect with faculty during their office hours, like to whatever

11:44:51 degree you can do that, um, you know, that is a way that you can potentially build relationships with them. Um, there are still some research projects that are going on some of which are remote on the school of social ecology has a database, I can pop

11:45:11 a link to this in chat.

11:45:14 Just so you all have it. But one of the tabs on the database is for the like research opportunities that are ongoing and it looks like they've been keeping it pretty up to date like they have you know availability for like winner and for spring listed

11:45:36 so you know that could be a way to connect with faculty, even while you're remote. Um, so yeah, office hours and potentially getting involved in research would be what I suggest but I can definitely empathize with how or sympathize with how frustrating.

11:45:56 That building those relationships has been during this pandemic.

11:46:03 Awesome. Thanks, Josh. hopefully that answered the question in the chat I know we're running short on time so we're going to just keep it moving a little bit.

11:46:12 Um, so one last question to the panelists, and then we'll open the floor to other questions in the chat, really quickly. So last question for everyone and we'll start with Jen, then go to a party and then finish with Josh.

11:46:25 Um, so, last question is going to be how did your transition from graduate school to the professional workforce go.

11:46:32 I'm probably shouldn't have started with you, Jen because you're still in grad school but can you at least well modify it a little bit talk about your internships that you're currently in, and stuff like that.

11:46:41 Yeah, definitely. So I'm not in the workforce. Yeah, but I definitely feel like, just one semester in and I already feel pretty prepared like not prepared like fully but like I have a good amount of experience going on already, so at my agency, what I

11:46:57 do is I basically work at a school district. I work at us agency called family and collaborative services, and I am essentially like a therapist for kids aged five through 12, and I've gotten a lot of experience getting to collaborate with the kids, teachers

11:47:09 with their parents and then working with the kids themselves whether it be, how to manage their emotions how to label their emotions, their kids that show depressive symptoms like a all over the place like in terms of like,

11:47:26 like they can't concentrate so I work with them with that, and I work under a supervisor and she's a licensed clinical social worker so I get a lot of great help from her and a lot of great advice from my preceptor as well.

11:47:39 So overall I feel like I'm getting like a really great experience. And I'm feeling like, like, I'm going to be good once I do go into the workforce.

11:47:50 Awesome, thanks Jen, um let's already same question to you, um, how was the transition from graduate school to the workforce.

11:48:05 Thanks, Jay. Jen, I just want to say that you're already in the workforce, and I think you're you know you're doing what you need to do so. Yeah, peer response.

11:48:10 For me, it's kind of like what Jen saying, I kind of started out doing internships, and then so everything that I learned at my internships sites. It was kind of like a seamless transition into like life after grad school, a lot of the information that

11:48:27 I picked up in class skills I learned in my internships, I was just able to continue that on.

11:48:35 Now just with more responsibility, or more oversight under, under me so it's a lot of the things that I, I've learned yeah I was able to easily able to apply them.

11:48:47 I think just that imposter syndrome kind of sinks in where it's like, um so now I have like the degree of graduated I have the job. Can I really, you know, do the job.

11:48:56 And so it's more so about all of that imposter syndrome.

11:49:01 And, and, for I know that's something that a lot of first generation college students experience and also just non brush generation college students.

11:49:09 It's a very normal feeling but having your mentors having friends that can help you understand and just recognize that you do belong in those spaces.

11:49:21 That's super important, but as far as like transitioning to the reports on yeah pretty seamless overall.

11:49:38 Awesome.

11:49:32 And then, Josh.

11:49:35 It's been a mixed bag for me, I kind of fell into academic advising after.

11:49:50 Initially, taking some time off from grad school, um, in some ways it's fit well, like I still get to work with students a lot which I like. I have so much experience in higher ed after being in like these grad programs and I worked at the register's

11:49:57 office that you can see that like, you know, I feel like I have a broad knowledge base that I can share with students and help a lot of students who haven't had that much experience on navigate their their time at UCI and potentially in future grad programs.

11:50:15 On the other hand, having been in programs that are like research focused and very intellectually challenging.

11:50:24 Sometimes my brain just gets bored, not because I don't like my job or like, I like I love the people I work with this office is great. But, like, sometimes I just want to sit in a room and talk about like you know 19th century Russian literature with

11:50:38 people and I just don't have those opportunities anymore.

11:50:42 Um, so, you know like, on the one hand, I'm, it's nice to be doing like work where I'm concretely helping people, because that was something that was sometimes harder to see on the research and it's also nice to have like a regular paycheck and not be

11:50:57 living on like grad school like you know scrounge ones. On the other hand, um, I miss like the flexibility that an academic schedule provided.

11:51:10 And a lot of the intellectual stimulation I got when I was, you know, doing academic scholarship.

11:51:17 Um, so yeah, the bit of both sides.

11:51:23 Awesome. Great, thank you for sharing. Um, so we promised time, I know you all have been asking questions in the chat as well. So we're going to stop right there if you have any more questions please go ahead and type them into the chat right now before



11:51:37 we finish so that the panelists can answer your questions.

11:51:41 If you want to as well you can unmute and ask your questions, and we can go from there. So we'll give you guys a minute or so and see if there's any questions if not we'll do some closing stuff and go from there.

11:51:54 Cool.

11:51:55 Thank you.

11:52:05 So, you have your first one what is financial aid look like in grad school.

11:52:10 I'm Judy it varies widely in professional graduate programs like the ones that gentlemen was already have done, um, you know, tho those typically aren't funded although the two of them may be aware of funding resources for those sorts of programs that

11:52:29 I'm not can share that with you, doctoral programs, you're usually funded either through doing research work or teaching. Um, if you apply for a doctoral program and you get in and they're not willing to fund you don't do it.

11:52:45 It is, it is not worth like if you're paying for a doctoral program like that programs not investing enough in you.

11:52:54 Um, so you know with doctoral programs there long, and you know the the job market for PhDs, especially if you want to go into, into the professor realm is very competitive.

11:53:07 So that's why the vast majority of PhD programs fun their students. Whereas with masters programs, a lot of times, once you're done that particular credential enables you to get certain types of jobs.

11:53:23 So that's why those programs aren't frequently funded though there are sometimes funding opportunities within those programs, like for example some of the Masters of Public Health students I worked with at UC San Diego had teaching assistant ships.

11:53:40 And I think some of them had like smaller research jobs as well.

11:53:49 Great. Awesome. Thanks, Josh. I'm too. I see your question, Michael, really quickly for Rebecca will go ahead and plug.

11:53:58 At least the just the general overall email address to get in contact with the pure academic advisors and the counselors, you can feel free to send the questions there will run them by Jen Josh and this already if we can get their emails will gladly provide

11:54:12 them to you guys. If you have any questions in the future if they all say that it's okay.

11:54:18 Um, so that's Rebecca's question. A question from Michael as a transfer student that started here and UCI fall 2020. What should I be doing right now as a junior.

11:54:29 So if you have a response to that anyone, that'd be perfect well sorry Jen Josh.

11:54:37 I think as a transfer student.

11:54:39 I mean I think I could, I could speak to the transfer student experience of course I can't speak to that Govind transfer student experience, but overall as a transfer student when you're a junior you want to start developing your contacts on campus so

11:54:53 folks that can speak to your academic performance your professional skills as well, because those are that's what's going to be making up your, your, your letters of recommendation.

11:55:10 So that's what I would recommend also research the different type of grad programs that you want to go into.

11:55:18 And that's something that we could help you with SEO undergraduate advising, or you can also reach out to the division of career pathways.

11:55:28 Se undergraduate advising, or you can also reach out to the division of career pathways. Perfect thankful Sorry, I'm just a few more it looks like just two more from Madeline, where's the best place to start researching grad programs.

11:55:39 If anyone has advice on that going to be completely honest, as I said before in my fourth year I had no idea what I was doing so I would literally go on Google and be like, what kind of degrees like master's degrees, can you get with psychology or things

11:55:54 like that and then based off of that there would be like a ton of lists and then from there I would kind of narrow down like what I, what, what was interesting to me and then I would start researching programs individually going on like the school's website

11:56:08 to see what the program consisted of to see like even like people like on Reddit will talk about their experiences, so just look like everywhere. I'm so sorry that that isn't like a more specific answer but just start on Google and it will narrow down

11:56:21 eventually.

11:56:24 Awesome, thanks Jen, and then I think there was one more, um, from Jasmine what kind of graduate programs can you go into with PCI or psych major.

11:56:35 Great question, Jasmine.

11:56:38 What.

11:56:50 Um, so, one of the advantages of a psychology major, either in you know PCI or psychology, um, is that the major itself prepares you for a wide variety of grad programs.

11:57:04 So, um, in terms of more like counseling. Focused programs there are masters programs that are specific for counseling specific types of counseling, their masters programs and marriage and family therapy masters programs and social work like the one Jenna's

11:57:17 and you can get a site ID, which is a doctor of psychology degree.

11:57:34 Though you can definitely pursue a PhD in clinical psychology just know that if you go to the PhD route, you're going to be doing a lot more research, you will still be like we see clients but it's going to be more research focused on, you can do masters

11:57:50 programs that are more like education counseling focus like the one that was already did.

11:57:56 We also have psych science, psychology majors that do stuff like Law School Business School.

11:58:05 Some of them you know take pre med or pre pa or pre nursing coursework and go on to those sorts of programs. So, really, you know with with a psych degree, the world is kind of your oyster with some of those more like pre health oriented programs there

11:58:23 are prerequisites that you won't necessarily get just out of the piece I major, but you know like med schools are really jazzed to have people that you know aren't just bio majors because that's most of what they get they like having a broader student

11:58:38 culture.

11:58:38 So, yeah, lots of different options for students that graduate with a psychology degree.

11:58:47 Awesome. Perfect. Thank you, Josh. And I think, and thank you everyone actually Josh Jen and sorry we really appreciate you guys coming out today and talking about your experiences, um, it was very helpful to hear from all of you explain that, and everything.

11:59:14 So just some closing announcements, um, we just wanted once again thank you will start at Jen and Josh for coming out today and doing this for us. I'm in this link and I believe it was put in the chat earlier if not we can put it in again if Jackie if

11:59:19 you don't mind, putting those in the chat one more time. Um, we have a link to the graduate division here at UCI, as well as the dare preparation if you guys are interested in that, as well.

11:59:33 Um, so there will be links for that. Also we just want to provide you guys for the link to the next event which is going to be a presentation by

11:59:45 the DTP or the division of career pathways which is next week Monday February 1 from three to 4pm.

11:59:52 We'll go ahead and put that in the chat as well.

11:59:57 And yeah, so just once again thank you everyone for coming out. We really appreciate it. And also we have an evaluation form if you guys don't mind filling it out.

12:00:05 Um, this will help us know what you guys liked about this, what you didn't like and how we can improve in the future. So if you guys just want to hang around for one second.

12:00:17 Here is going that evaluation form and then go ahead and send Aria yeah just to add on for the grad school workshop part two, so it's going to be more in terms of specifics about applying to grad school, so I know a lot of you guys have questions about

12:00:30 like letter recommendations resumes, things like that. So that kind of material will be covered in this workshop, and a trained career counselor will be presenting this so it's a great opportunity for those of you that are looking to apply especially

12:00:44 this year to start preparing those materials.

12:00:48 Awesome drinks and Doria. Um, so yes all the information is there will probably send out a school wide email on our school wide being social ecology email for the grad school workshop so if you don't fill it out now we'll probably send it out on Wednesday

12:01:02 Wednesday or Thursday ish to give you guys time to see if you can make it to this event. Um, yes, there will be a recording of this, we will probably post it on our social ecology undergraduate advising website.

12:01:16 Um, so I'll be there for you guys to listen to, um, I'll probably take a few days maybe two or three days to get that posted, but it will eventually be on the website that Jackie, just provided so much I men real quick.

12:01:29 So, this link that I put in the chat is the link for workshops that you can find. We still need to get approval to be able to insert this recording from today on there, but you can definitely check back like next week to see if we posted it, and will

12:01:45 And we'll also in the email that we send out to everyone. We will have more information about the status of that will be able to post it.

12:01:56 Awesome.

12:01:57 Thank you, everyone. I'm just to be respectful of our panelists time. It's 12 o'clock so everyone is free to go Thank you for coming. We appreciate it.

12:02:06 Have a great day everyone and hopefully we'll see you in the future.

12:02:10 Thanks, everyone.

12:02:19 Thanks guys.

12:02:21 Thank you, Jan. You guys are so awesome this is awesome. This is really cool.

12:02:27 We really appreciated you coming out so thank you very much. This is super cool I think it's awesome that you guys are having like these things like over zoom because I know last year was pretty hard to do this and so it was just starting but you guys